

ROOMMANS

SEEING WHAT IS RIGHT • THROUGH GOD'S EYES

Accurate Self Awareness

**Harvard
Business
Review**

MANAGING YOURSELF

What Self-Awareness Really Is (and How to Cultivate It)

by Tasha Eurich

JANUARY 04, 2018



<https://hbr.org/2018/01/what-self-awareness-really-is-and-how-to-cultivate-it>



Accurate Self-awareness

- Two types of self-awareness
 1. Internal self-awareness
 - How clearly we see ourselves: values passions, fit to environment, strengths, weaknesses, impact on others etc.
 2. External self-awareness
 - Knowing how others view us in the same categories above



Accurate Self-awareness

1. Internal self-awareness

- When accurate
 - Higher job satisfaction, relationship satisfaction, personal social control, happiness
- When inaccurate
 - Anxiety, stress, depression

2. External self-awareness

- When accurate
 - Able to show empathy, able to take others perspectives,
 - People have better relationships with you, see you as more effective
- When inaccurate
 - Opposite of above – I can't show empathy, don't see through others eyes
 - Broken or weaker relationships, frustration in tasks



Accurate Self-awareness

“We’ve found that even though most people believe they are self-aware, self-awareness is a truly rare quality: We estimate that only 10%–15% of the people we studied actually fit the criteria.”



Accurate Spiritual, God Gifted, Self-awareness

- ❖ How well do we understand our natural God given talents and abilities? (given at birth)
- ❖ How well do we understand our spiritual gift(s)? (given at salvation)
- ❖ How well do we understand how others around us see us?



Accurate Spiritual, God Gifted, Self-awareness

- ❖ What about the church? The body of Christ?
- ❖ What percentage are self aware?
- ❖ If we did a poll right now would there be more than 10-15% who could definitively say they are spiritually self aware?



Accurate Spiritual, God Gifted, Self-awareness

- ❖ If I realize today that I am unclear about.....
- ❖ Who God has made me (internal)
- ❖ How I fit in the church (external)
- ❖ What do I need to do??????



ROMMANS

SEEING WHAT IS RIGHT • THROUGH GOD'S EYES

Remember the Context!

Romans 1-11

- ❖ **Module 1 – “Condemned” God’s Righteous Judgement Ch. 1-3**
- ❖ **Module 2 – “Credited” Righteousness through Faith Ch. 4-5**
- ❖ **Module 3 – “Resurrected” Living Righteously through Christ Ch. 6-8**
- ❖ **Module 4 – “Secured” God Righteously Determines Ch. 9-11**

The Mercy of God! “Done!”



Romans 12-16

❖ Module 5 – “Transformed” Righteousness Through Christ Ch.12-16



**Responding to The Mercy of
God! “Do!”**

**Still depends on Him! Just using
what He has given you, by His
strength!**



Use That Gift! Romans 12:3-8

1. **Remember Christ! v 3a**
2. **Get Serious! v 3b**
3. **Look within! v 4-5**
4. **Enjoy the Company! v 4-5**
5. **Try Something! V 6-8**



ROMANS

SEEING WHAT IS RIGHT • THROUGH GOD'S EYES

Use That Gift!
Romans 12:3-8
Pew Bible Pg. 803

1. Remember Christ! v 3a

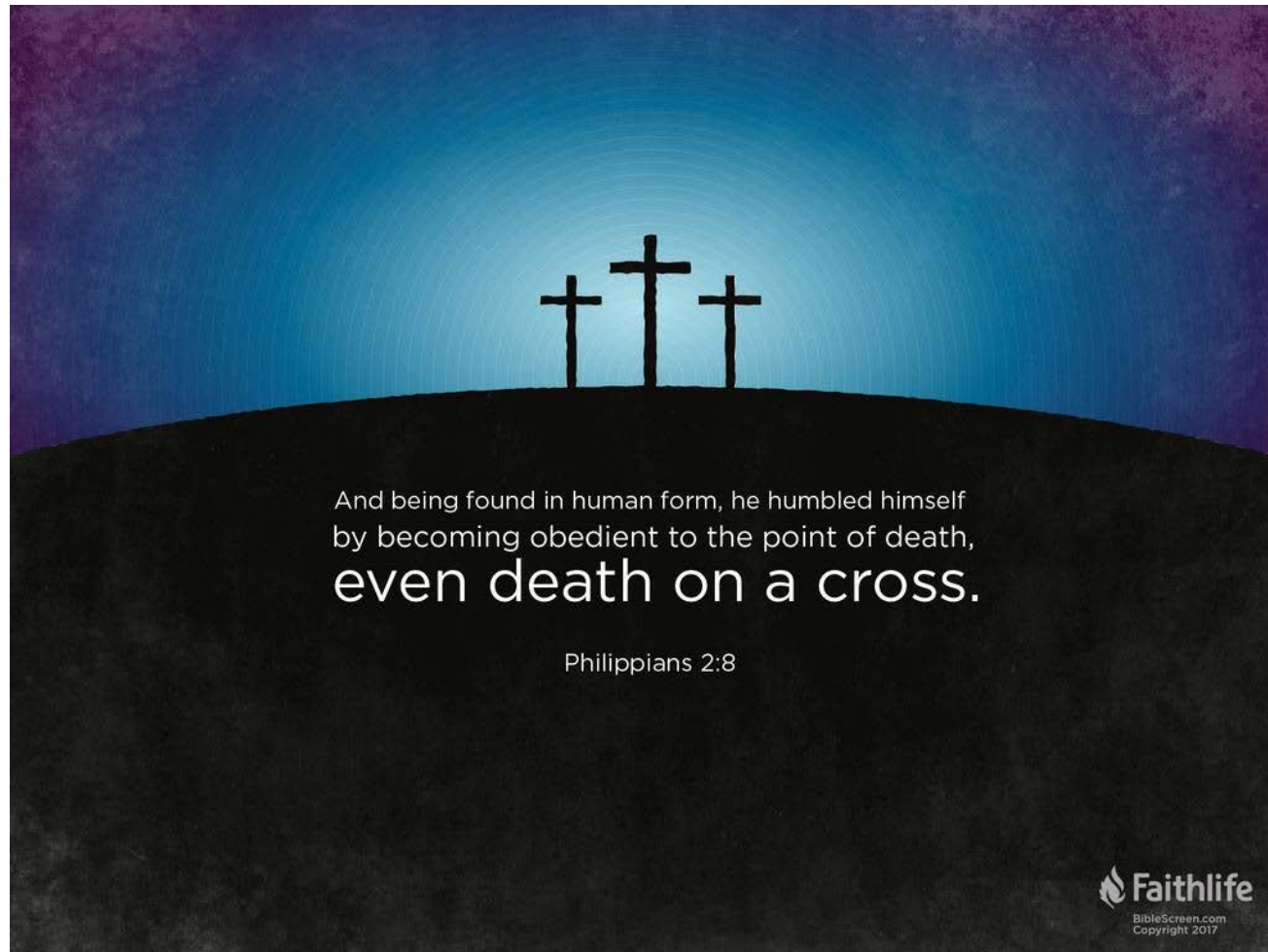
Pride



False Humility



1. Remember Christ! v 3a

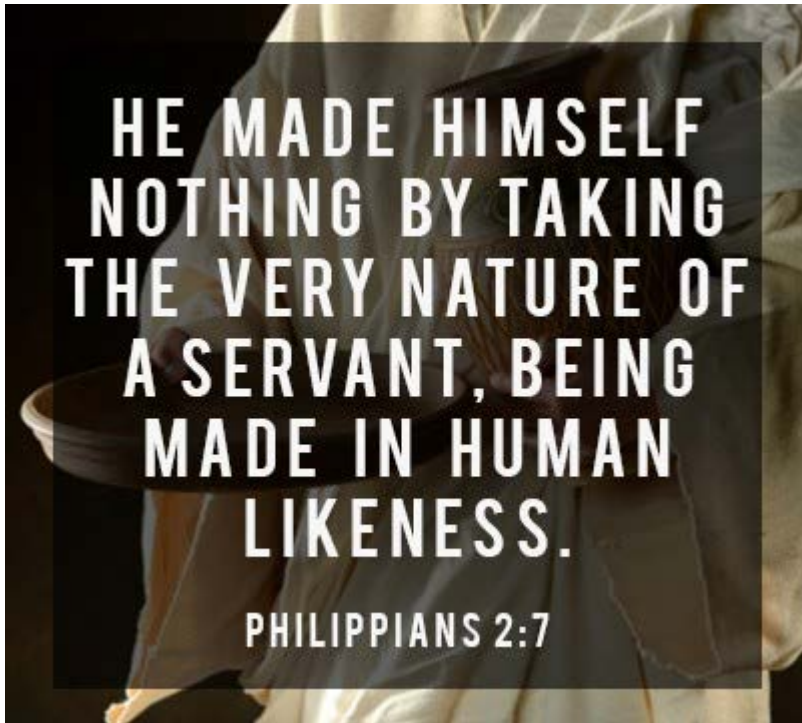


He knew exactly who He was yet:

- 1. He made it all about obedience to the Father**
- 2. He gave His life for us**



1. Remember Christ! v 3a



“...Do not think of yourself more highly than you ought, ...” (Romans 12:3b, NIV84)

Remember Romans 1-11 The Mercy of God! “Done!”



2. Get Serious! v 3b

“...Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us.” (Romans 12:3, NLT)

“...think so as to have sound judgment, as God has allotted to each a measure of faith.” (Romans 12:3, NASB95)



2. Get Serious! v 3b

“For You formed my inward parts; You wove me in my mother’s womb. I will give thanks to You, for I am fearfully and wonderfully made; Wonderful are Your works, And my soul knows it very well.” (Psalm 139:13–14, NASB95)

As a person created in His image I am exactly who He made me to be!



2. Get Serious! v 3b

“A spiritual gift is given to each of us so we can help each other.”
(1 Corinthians 12:7, NLT)

Every believer in Christ has been given a gifts or gifts!

Everyone – no exceptions



2. Get Serious! v 3b

“...think so as to have sound judgment, as God has allotted to each a measure of faith.” (Romans 12:3, NASB95)

How much effort and energy do we put into thanking Him for who He has made us and understanding what He has shaped us to do in serving Him?



3. Look within! v 4-5

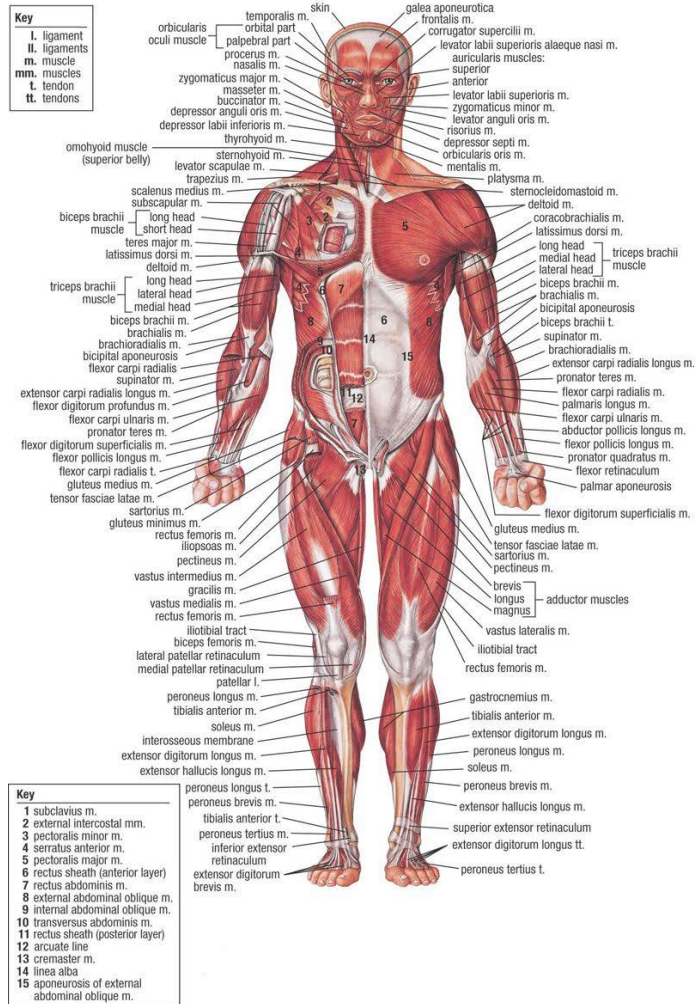
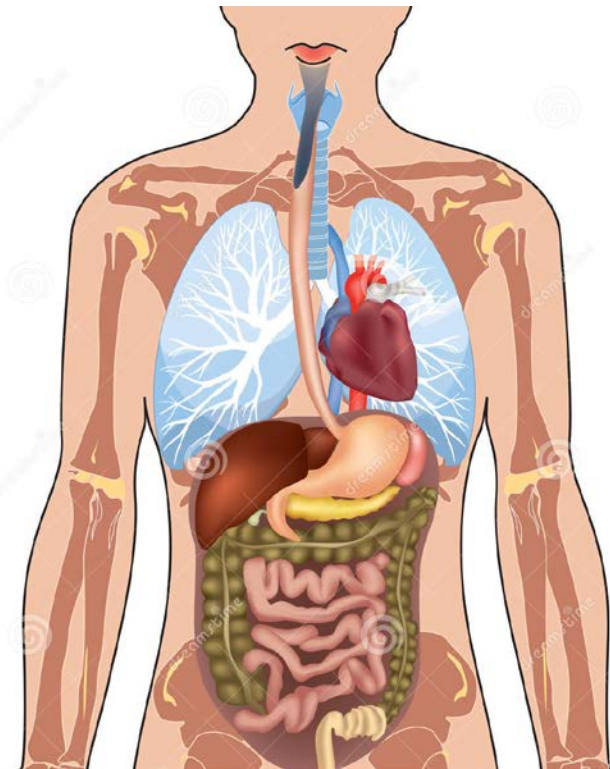
*“Just as our bodies have many parts and each part has a special function, so it is with Christ’s body. We are **many parts** of one body, ...”* (Romans 12:4–5, NLT)



3. Look within! v 4-5

The human body has many different parts. So does the church. (the body of Christ)

“You be you” is a good thing when applied correctly!



3. Look within! v 4-5

1. Internal self-awareness

- When accurate
 - Higher job satisfaction, relationship satisfaction, personal social control, happiness
 - When inaccurate
 - Anxiety, stress, depression
-
- What about when I am unaware or in honest language, do not believe, what God has said about me?



3. Look within! v 4-5



Which is it??

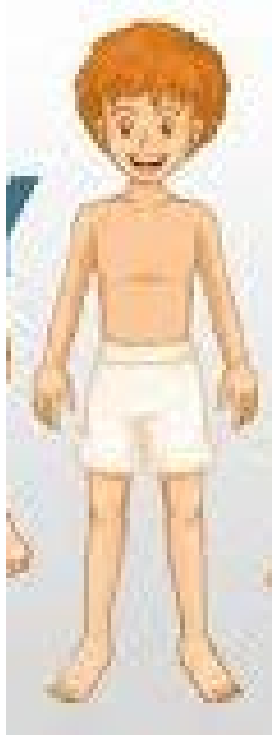


4. Enjoy the Company! v 5

- **No loners allowed!**



4. Enjoy the Company! v 5



“...we all belong to each other.”

(Romans 12:4–5, NLT)

‘It is the body of Christ not the parts of Christ’



“I don't have to be a team player, Crawford. I'm the team owner.”



4. Enjoy the Company! v 5

2. External self-awareness

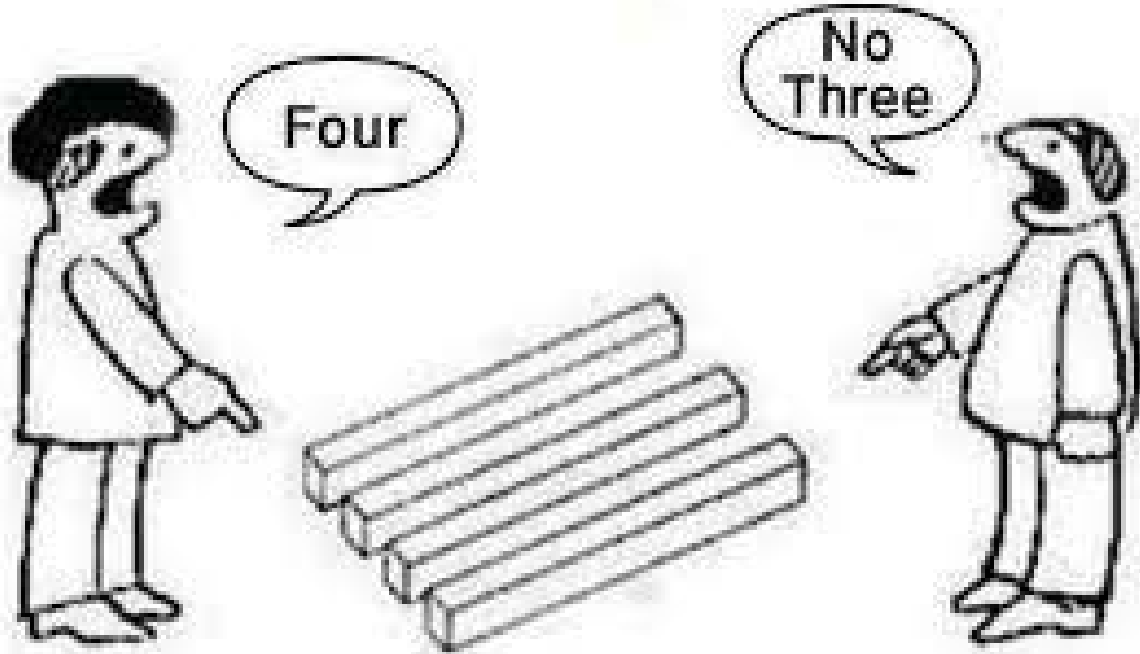
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What about when I am unaware or in honest language, do not believe, what God has said about how **everyone needs me?**



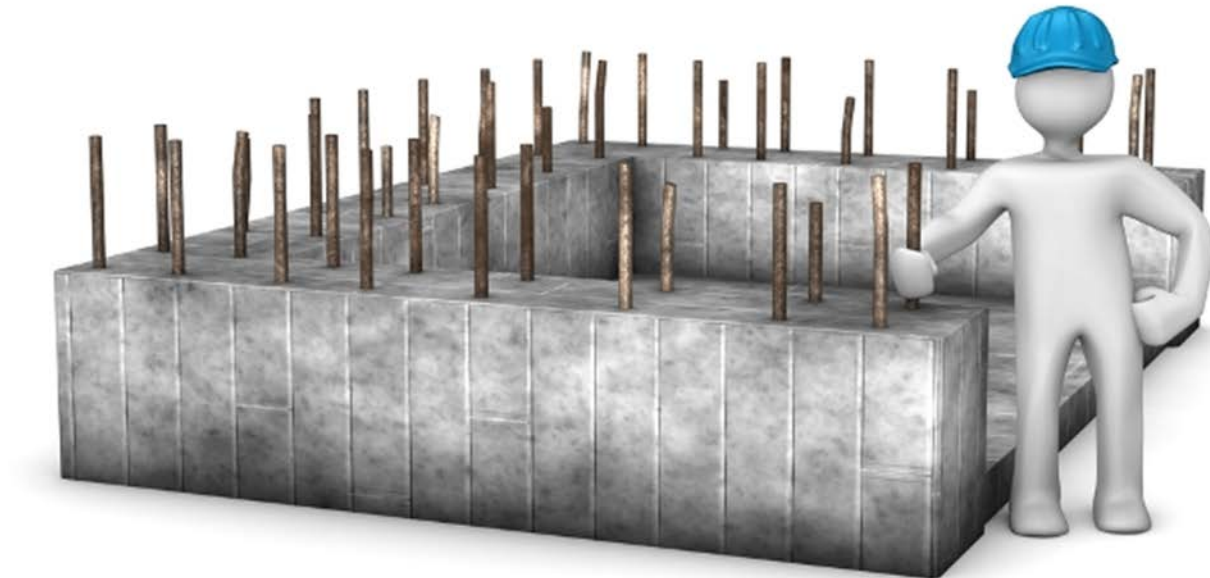
5. Try Something! V 6-8

It is really confusing!!!



5. Try Something! V 6-8

- Paul lists 7 gifts – like a foundation, out of which everything else flows



5. Try Something! V 6-8

Teaching – big group, small group, one on one men , women, children;
Exhortation- correcting rebuking encouraging
Giving,- finances, resources , financial guidance
Leading- steering the ship, leading a group
Mercy – empathy , compassion , words or just presence

The Mouth !

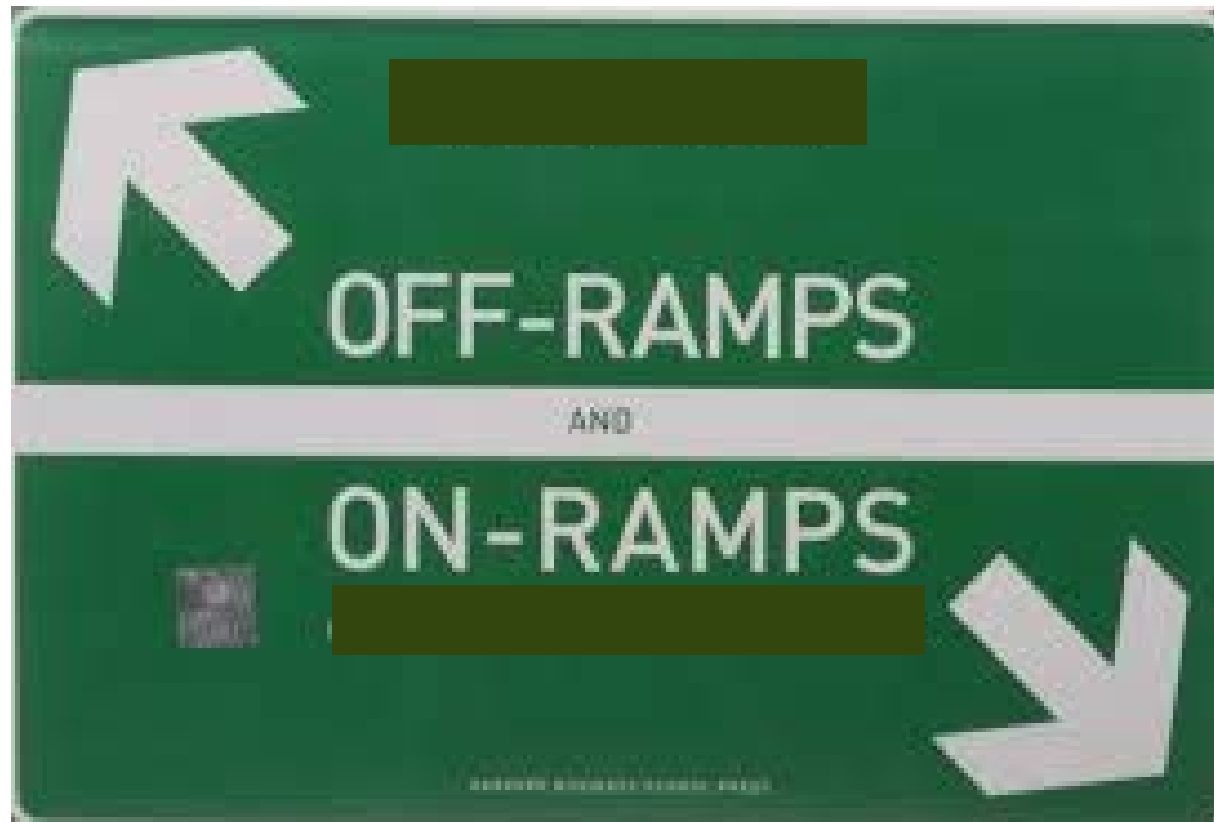
Prophecy – speaking for God,
especially through His Word

The Hands!

Service – practical helps of all kinds



5. Try Something! V 6-8



5. Try Something! V 6-8

Categories
Celebration Ministries
Outreach Ministries
Connecting Ministries
Equipping Ministries
Caring Ministries
Supporting Ministries



5. Try Something! V 6-8

Categories	Description
Celebration Ministries	Anything connected with Worship and praise
Outreach Ministries	Anything connected with sharing the gospel and caring for the community
Connecting Ministries	All the areas required for helping people become a part of this awesome WBC community
Equipping Ministries	Helping people discover their gifts and grow in serving Christ
Caring Ministries	So many needs, physically, emotionally, spiritually
Supporting Ministries	The multitude of things required to make this place run and enable all the above to happen



5. Try Something! V 6-8

GET INVOLVED!

Are you new to WBC or not yet connected? Sort of connected and looking for involvement? Serving but looking for something new? There are three ways to get involved or change ministries!

1) Text (226) 210-4321, text the word "plugmein" and then follow the instructions.

2) Email pluggedin@wbconline.ca

3) Come in person to the Info Centre on Sunday mornings!



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