



HELD FIRM TO HOLD FAST

Do Not Be Immature
Hebrews 5:11-6:3

Hebrews 5:11-14

¹¹ We have much to say about this, but it is hard to make it clear to you because you no longer try to understand. ¹² In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! ¹³ Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. ¹⁴ But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.



Hebrews 6:1-3

Therefore let us move beyond the elementary teachings about Christ and be taken forward to maturity, not laying again the foundation of repentance from acts that lead to death, [\[a\]](#) and of faith in God, ² instruction about cleansing rites, [\[b\]](#) the laying on of hands, the resurrection of the dead, and eternal judgment. ³ And God permitting, we will do so.



Hebrews 5:11

¹¹ We have much to say about this, but it is hard to make it clear to you because you no longer try to understand.

“you have become” slow to learn



Hebrews 5:12

¹² In fact, though by this time you ought to be teachers, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food!



What are these elementary truths?

Hebrews 6:1-3

Therefore let us move beyond the elementary teachings about Christ and be taken forward to maturity, not laying again the foundation of repentance from acts that lead to death,^[a] and of faith in God, ² instruction about cleansing rites,^[b] the laying on of hands, the resurrection of the dead, and eternal judgment. ³ And God permitting, we will do so.



Should we not teach these
elementary foundational
truths?



What is the meat?

Hebrews 5:13-14

¹³ Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. ¹⁴ But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.



Teaching about Righteousness = the Word of Righteousness

- The Christian message (word) about Jesus Christ and how to get His Righteousness to cover you.
- The kind of Righteous character and conduct that Jesus is developing in His maturing followers.



How do we mature?

Hebrews 5:14

¹⁴ But solid food is for the mature, who by constant use have trained themselves to distinguish good from evil.

- Constant use
- We train ourselves
- Distinguish good from evil – spiritual perception



Implication

Focus on Jesus

Journey with others

Take the next step of obedience – John 4:32-34

³² But he said to them, “I have food to eat that you know nothing about.”

³³ Then his disciples said to each other, “Could someone have brought him food?”

³⁴ “My food,” said Jesus, “is to do the will of him who sent me and to finish his work.

Yes and No

