

PAIN AND CONFUSION:

GOOD GIFTS

THE BETTER GIFT



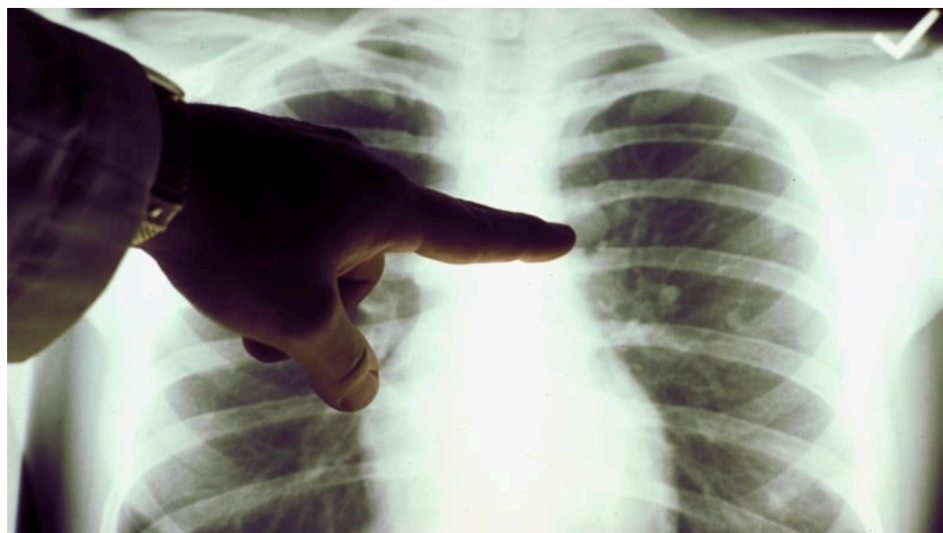
Health

1 in 2 Canadians will get cancer: Cancer Society



1 in 4 will die of disease, organization said in annual cancer statistics report

The Canadian Press · Posted: Jun 20, 2017 9:13 AM ET | Last Updated: June 21, 2017



Lung cancer continues to be among the most common malignancies. The Canadian Cancer Society predicts 21,100 Canadians will die from it this year. (American Cancer Society/Getty Images)

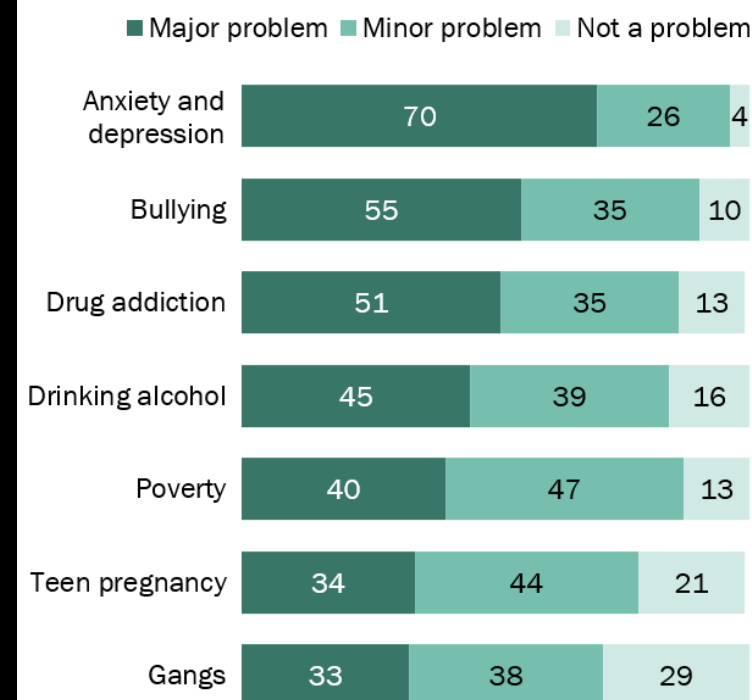
Almost one in every two Canadians is expected to be diagnosed with cancer in their lifetime, and

‘It’s 2019, we need to
accept every bodies
lifestyle choices.”

- A kid on my bus

Anxiety and depression top list of problems teens see among their peers

% of teens saying each of the following is a ____ among
people their age in the community where they live



Note: Share of respondents who didn't offer an answer not shown.
Source: Survey of U.S. teens ages 13 to 17 conducted Sept. 17-Nov. 25, 2018.

“Most U.S. Teens See Anxiety and Depression as a Major Problem
Among Their Peers”

PEW RESEARCH CENTER

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- “Blessed are you who are poor, for yours is the kingdom of God.”
- “Blessed are you who hunger now, for you will be satisfied.”
- “Blessed are you when men hate you, when they exclude you and insult you and reject your name as evil, because of the Son of Man. Rejoice in that day and leap for joy, because great is your reward in heaven. For that is how their fathers treated the prophets.”

SUFFERING IS GOOD

- James 1:2–4 (NIV): Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds...
- Philippians 1:29 (NIV): For it has been granted to you on behalf of Christ not only to believe on him, but also to suffer for him,
- Philippians 3:11 (NIV): I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death,

HEAT OF FIRE

FAITH LIKE GOLD



1 PETER 1:6–9 (ESV):

In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honour at the revelation of Jesus Christ.



DISCIPLINE OF A FATHER

PRODUCING RIGHTEOUSNESS



HEBREWS 12:5-7(ESV):

And have you forgotten the exhortation that addresses you as sons?

“My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. For the Lord disciplines the one he loves, and chastises every son whom he receives.”

It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline?



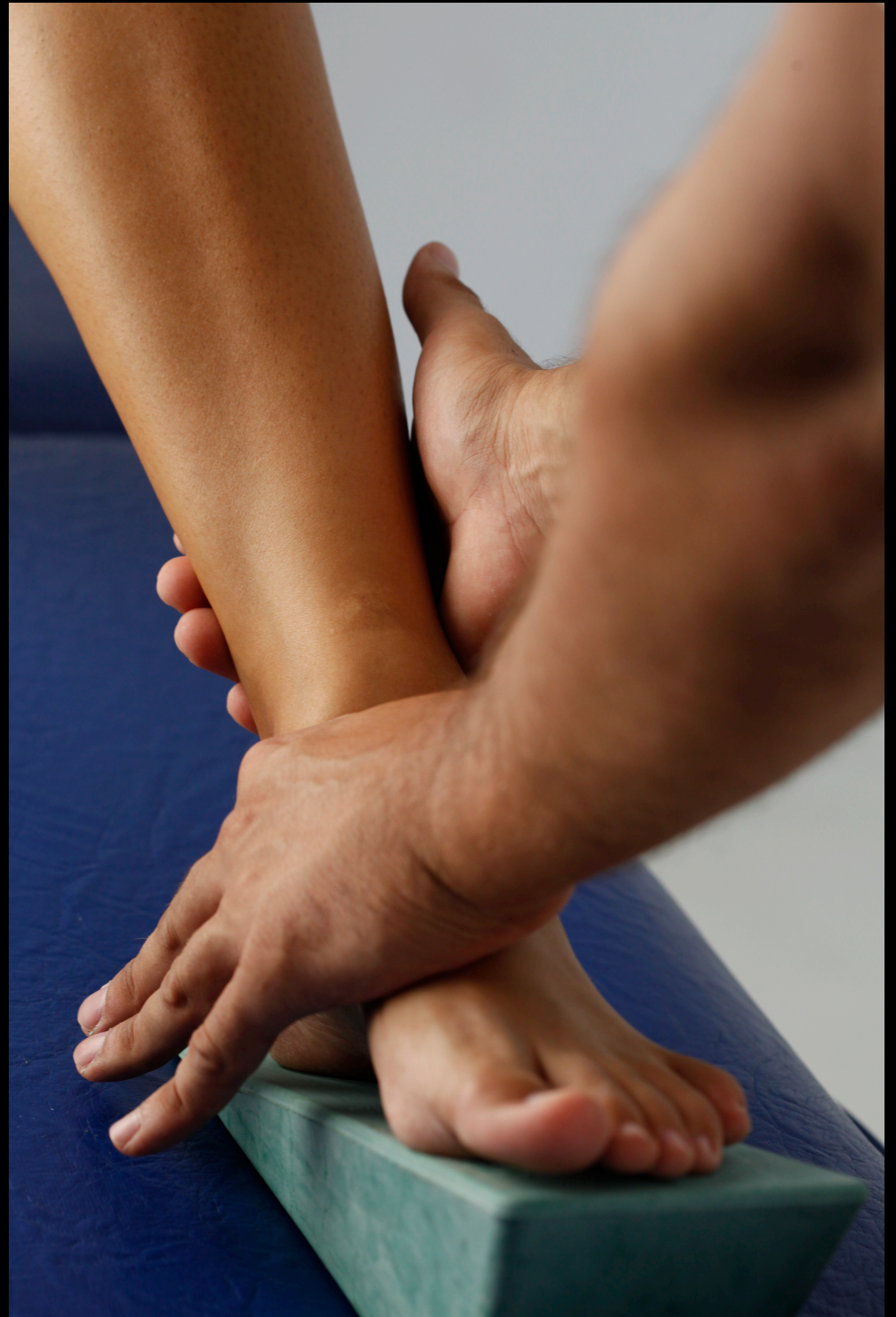
HEBREWS 12:9-11 (ESV):

Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness. For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.



PHYSIOTHERAPY OF THE SOUL

RESTORING WHOLENESS



Job 5:17-18 (NIV) Blessed is the man whom God corrects; so do not despise the discipline of the Almighty. For he wounds, but he also binds up; he injures, but his hands also heal."



THE BETTER GIFT



REFLECT

- Have you faced difficulty in the past? What has been your attitude?
- Is there bitterness in your heart that you need to release?
- What pain, confusion, difficulty, or suffering will you face this week?
- Will you embrace your suffering as a good gift?

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