

A person with long brown hair, wearing glasses, a brown scarf, and a black leather jacket, is shown from the back and side, looking out over a body of water at sunset. The sky is a warm orange and yellow, and the water is dark and calm.

JOHN 14:16

You are not Alone

STUDIES ON THE HOLY SPIRIT

Filled Up and Controlled
by the Holy Spirit

Ephesians 5:15-21

Ephesians 5:15-21

15 Be very careful, then, how you live—not as unwise but as wise, **16** making the most of every opportunity, because the days are evil. **17** Therefore do not be foolish, but understand what the Lord's will is. **18** Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, **19** speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, **20** always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. **21** Submit to one another out of reverence for Christ.



Some truths about the Holy Spirit.

- If you're a Christian, you have the Holy Spirit. He lives inside you.
 - Ephesians 1:13, 14
 - Romans 8:9
 - 1 Corinthians 12:13
- It is possible to grieve the Holy Spirit.
 - Ephesians 4:30



The power to change comes as we let the Holy Spirit fill/control us.

- The filling of the Holy Spirit is a conscious, continuous availability to God.
 - Ephesians 5:18
- Don't be controlled by anything else.
- There's a balance between God's sovereignty and our responsibility.



We encourage the control/filling of the Holy Spirit by having harmony with the Lord.

- Worship God continuously.
 - Ephesians 5:19
- Give thanks to God always
 - Ephesians 5:20



We encourage the control/filling of the Holy Spirit by having harmony with one another.

- Speak positively and spiritually
 - Ephesians 5:19
- Voluntarily serve one another
 - Ephesians 5:21

